



THE GIFT OF TRUTH

A Pilgrimage for Life

Led every January in Washington, D.C.

What to Bring

All items should fit in **one backpack**.

NEEDS

- Spending money: enough for 3/4 fast food meals
- Bottled water, lunch, hearty snacks
- Sleeping bag and pillow
- Rain poncho
- Rosary
- Medicine/food to avoid motion sickness
 - If you get car sick
- Change of clothes
 - Be prepared for inclement weather!
- Gloves
- Good walking shoes or boots
- Toiletries
- Necessary medicine

RECOMMENDATIONS

- Bible or prayer book
- Homework/activity books for the drive
- Deck of playing cards
- Pocket hand warmers